

Tennis Australia

Performance

Coaching Course

(Level 3)

MELBOURNE & BRISBANE

Applications close: 1 September 2025

Course cost \$5,500.00 (Inc. GST)

COURSE INFORMATION

PERFORMANCE COACH QUALIFICATION 2025 - 2027

The Performance Coach Development team at Tennis Australia aims to establish a globally renowned network of performance coaches that can consistently produce exceptional players, both on and off-court. By 2032, Tennis Australia's goal is to produce 15 ATP Top 100 players, 15 WTA Top 100 players, 4 Open Top 10 Wheelchair Players, 4 Quad Top 10 Wheelchair Players, and 2 Top 10 PWID players.

Tennis Australia's Performance Coach (Level 3) qualification is designed to achieve the following objectives:

- Maximise the potential of both the coach and the players they work with.
- Ensure coaching practices are contemporary, sustainable, efficient & effective.
- Provide education and training opportunities to deepen personal and professional knowledge, creating a competitive advantage.
- Facilitate the sharing of knowledge and experiences among coaches to enhance learning, build trust, and collaboration, and challenge current practices to drive continuous improvement.
- Embed the Player Development Matrix into coaching practice to guide the holistic development of the person and the player.
- Use the Performance Coach BELIEVE Framework as a reflection tool to help coaches evaluate and continually improve their coaching, leadership and personal effectiveness.
- Develop world-leading coaches who can produce exceptional players on and off the court.

Course details and dates:

Workshop 1: 18 November – 21 November 2025 (Melbourne)

Workshop 2: Dates to be confirmed (Brisbane)

Workshop 3: Australian Open 2027 (Melbourne)

Virtual workshops: Dates to be confirmed

Schedule subject to change, 100% attendance is required

All applicants will be notified of the status of their application by email approximately two weeks after the closing date. In some instances, there are a limited number of positions available in the course. Course applicants will be admitted to the course based on their application and their ability to meet the course entry criteria.

Course Coordinator

Tennis Australia

Belinda Colaneri

Head of Performance Coach Development

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Course structure

This qualification prepares coaches to work in two specialised areas of performance coaching:

Development – Coaches that develop players aged 8 – 16 years, leading the development of foundational skills that are robust and competitive on the world's stage

Tour – Coaches endeavouring to convert players in transition to the Top 100 or are coaching established players in the Top 100.

To cater for the individual needs of our course participants and their current or future aspirations, the course consists of two core modules with 7 units and two speciality streams – Development or Tour. All coaches will complete the core units and then must select a speciality stream. This will also be assessed / established in the assessment, selection and / or induction phases.

Core Modules

Module 1 The Performance Coach

- Unit 1 Being a World Leading Performance Coach
- Coach as Leader
 - Coach as Learner
 - Coach as Performer
- Unit 2 The Art of Communication
- Professional presenting and public speaking

Module 2 Performance Coaching

- Unit 3 Know the Level - Player
- Unit 4 Know and Be the Level – Coach
- Coach as Teacher
 - Trusting relationships
 - Responsibilities of being a Performance Coach
- Unit 5 Long Term Athlete Development Planning
- Unit 6 Performance Tennis
- Skill Acquisition
 - Performance Tactics
 - Performance Stroke Production
 - Performance Movement & Footwork
- Unit 7 Implementing Performance Sports Science
- Performance Psychology
 - Performance Nutrition
 - Performance Technology
 - Performance Equipment
 - Player and Coach Well-being

Speciality Units

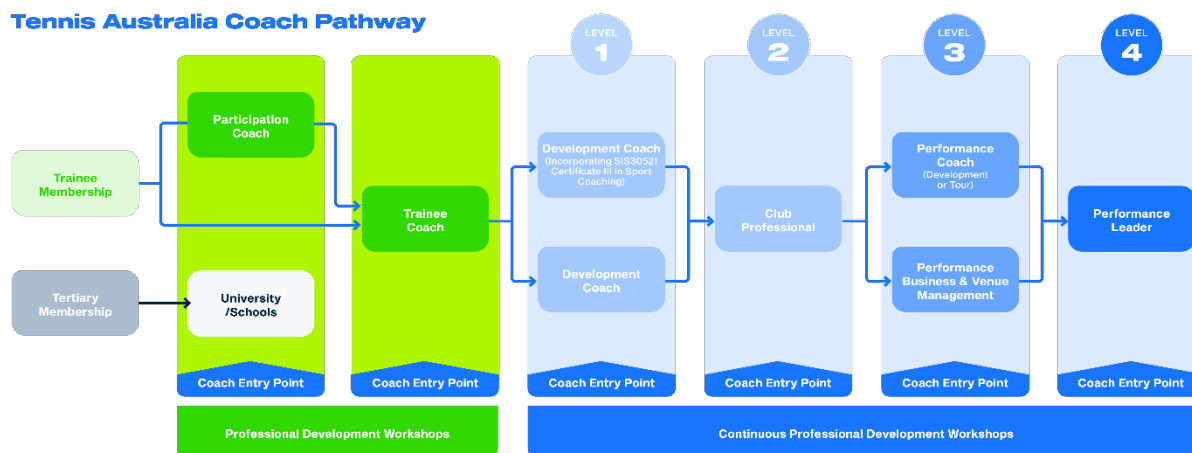
Development

- PD1 Understanding youth and adolescence tennis players
- PD2 National Camp exposure and coaching experience

Tour

- PT1 Understand and coach the demands of tour players
- PT2 Training & tournament scheduling
- PT3 International Junior ITF/ ITF/ WTA or ATP coaching experience

Tennis Australia Coach Pathway



Course entry criteria

To summarise, the criteria for applicants are as follows:

- The candidate must be a Tennis Australia Trainee Coach member (minimum)
- Candidates who meet the criteria of a former tour player (i.e., they have reached the top 250 in ATP/WTA singles and top 100 in ATP/WTA doubles or have played in a Davis or Fed Cup match for Australia) still need to submit their coaching session video but will automatically advance to the shortlisted applicant stage.
- The candidate must be the primary coach of at least one high performing player, defined as the principal individual responsible for the athlete's development, with a minimum average of eight contact hours per week and an active and working relationship of a minimum of six months with the player. High-performing player who has achieved direct entry into two Nationals in the past 2 years, direct entry into a Grade 4 ITF or higher in the past 2 years or has a WTA or ATP ranking.

- The candidate must be a full-time coach, working in performance at least 50% of the time
- The candidate should have a track record with development or tour players who you have worked with for longer than 6 months
- The candidate must have attended at least one Nationals, ITF, WTA, or ATP tournament with their player in the past 12 months
- The candidate must have a strong playing standard
- The candidate must have attended a minimum of two professional development workshops in the past 12 months &/or have a mentor
- The candidate must commit to attending all face-to-face days.
- The candidate must represent the sport and themselves to the highest standard
- Preference will be given to those applicants who are an Australian citizen or have been granted permanent residence status and are coaching on a full-time basis and can demonstrate a long-term commitment to coaching.
- The candidate must commit to complete the course and requirements in the time frame required, failure to do so will result in EXIT from course (no refund)

Program costs

Successful applicants will be required to pay a fee of \$5,500 including GST and the costs necessary to attend each face-to-face workshop.

Application process

- Submit a video (we recommend uploading an unlisted video to YouTube) of a coaching session (up to 90 minutes) to the Course Administrator, Barbora Zahnova (barbora.zahnova@tennis.com.au), which includes:
 - An introduction stating:
 - Your Coaching Philosophy
 - Current coaching strengths
 - Current coaching developmental areas
 - Why acceptance into the course will improve your current coaching level
 - A comprehensive lesson plan with clear session priorities.
 - This session should be a private session with a high performing player (direct entry into two Nationals in the past 2 years, direct entry into a Grade 4 ITF or higher in the past 2 years or has a WTA or ATP ranking)
 - No hitting partner/s to be used.
- Register for the course online by selecting 'Enrol Now' beneath this course listing on our website: <https://www.tennis.com.au/coaches/coach-education/course-and-workshop-calendar#nat>

Selection panel

The selection panel will consist of Belinda Colaneri (Head of Performance Coach Development), Colin Ebelthite (Performance Coach Development Manager) & Nicole Pratt (BJK Cup Coach). All shortlisted candidates will complete an interview.

Women's scholarships

Tennis Australia is committed to increasing the number and quality of female tennis coaches in Australia. To achieve this aim, Tennis Australia is providing an opportunity for female coaches to access funding to support their completion of a Tennis Australia qualification or program. There are scholarships available to female coaches to complete this program. Please go to <https://www.tennis.com.au/coaches/womens-coaching-scholarship-application-forms> for more information or find the link beneath this course listing on our website: <https://www.tennis.com.au/coaches/coach-education/course-and-workshop-calendar#nat>

Procedure for appeals and complaints

Tennis Australia actively encourages feedback and dialogue with our course participants, workplaces and trainers as part of our continuous improvement philosophy. We established an equitable and transparent process for encouraging and dealing with feedback, complaints, grievances and appeals.

Our policy is governed by the following values and principles:

1. All program participants shall have a clear opportunity to express their view on their learning experience, whether positive or negative.
2. The process shall be transparent, and no program participant shall perceive any disadvantage by expressing his or her views.
3. The complaint shall be dealt with at the level of occurrence with opportunity for escalation to hasten resolve.
4. Student feedback shall be dealt with in a timely, confidential, and open manner and the student shall be kept informed of progress.
5. Program participant feedback will be analysed, and trends built into the company's continuous improvement process, so all program participants benefit from the learning of the feedback.



Tennis acknowledges the Traditional Custodians of the land on which we work, rest and play, and pay our respect to Elders past and present.