

## SELECTION GUIDELINES

### AUSTRALIAN REPRESENTATIVE (Intellectual Disability & Autism)

An objective of Tennis Australia's Player Development department is to observe an increase in the strength and depth of Australian players with disability populating the Virtus world rankings in men's and women's II1, II2 & II3 divisions. Selection Guideline principles are intended to be reflective of international standards and opportunities to represent Australia at the highest level of competition.

These Selection Guidelines are designed to inform player selection for Australian Representative opportunities;

- To provide benchmarks that drive positive development and performance behaviour
- To promote internal and external transparency
- To establish and manage expectations of stakeholders

Player selection gives consideration to the following selection criteria:

1. Clearly demonstrates and upholds our Performance Philosophy of 'Striving to be the best version of yourself every day' and demonstrate and develop our five Performance Character Traits – Act with courage; Effort over outcome; Honesty and ownership; Humility and respect; Self-regulation and perspective.
2. Results - International and Domestic (including singles and doubles performances)
3. Rankings/Rating - Australian Intellectual Disability & Autism (ID/A) ranking, Virtus World ranking and UTR
4. Fitness benchmarks (*benchmark levels listed in Appendix A*)

### Specific Selection Criteria\*

#### a) Participation/Preparation

- i) Competed in at least (2) state ID/A championships every year
- ii) Competed in the most recent Australian Tennis Championships or Australian Open PWID event
- iii) Attended required state and national squad-based training and camps throughout the year
- iv) Competed in mainstream tournaments/competitions (*in accordance with guidelines listed in Appendix A*)

*\*Past performance and participation will be considered for players returning from injury*

#### b) Behaviour

- i) Athletes must demonstrate that they are able to manage independently across most situations, during air travel, while playing tennis and at the venue
- ii) Display the appropriate behaviour associated with Tennis Australia values and Performance Philosophy including adhering to TA's Wellbeing and Athlete Behaviour Guidelines (*will be emailed out*)

#### c) Eligibility

- i) Must be an Australian citizen
- ii) Athlete has satisfactorily completed the Virtus Athlete Eligibility Application and included on the Virtus Master list prior to team selection
- iii) Must meet the Virtus General/Sport Specific Selection Criteria
- iv) Must abide by all Tennis Australia policies

**Team composition will vary and be determined by Tennis Australia and the Virtus Games organising committee.**

## 2025 VIRTUS WORLD TENNIS CHAMPIONSHIPS ASTANA, KAZAKHSTAN

### Team Composition

For the 2025 Virtus World Tennis Championships held in Astana in May, Tennis Australia will financially support and send an Australian team of up to maximum **two** athletes each across the II-1 Men's, II-1 Women's, II-2 Men's, II-2 Women's, II-3 Men's and II-3 Women's divisions (subject to events running). Tennis Australia will financially support a maximum total team size of **twelve** athletes if all divisions take place.

A selection panel of three people will finalise athletes for Australian representative opportunities and will consist of the following members from Tennis Australia; National PWII Coach, PWD Pathways & Performance Manager, and Head of Players with Disability.

*Final team size and selection is at the discretion of Tennis Australia appointed Head of Players with Disability.*

### Key Dates

| Date (2025)    | What  | Where                  |
|----------------|---|------------------------|
| January 10     | Selection Guidelines released               | Online                 |
| January 23-26  | Successful team members notified            | AO Event or Phone Call |
| March 1-2      | VIC ID/A Open                               | Albert Reserve         |
| March 3-5      | Training Camp #1*                           | NTC, Melbourne         |
| March 29-30    | WA ID/A Open                                | Alexander Park TC      |
| April 23-25    | Training Camp #2* & Final Team Announcement | AIS, Canberra          |
| April 26-27    | ACT ID/A Open                               | Canberra Tennis Centre |
| April 30 (tbc) | Australian Team departs*                    | Brisbane               |
| May 3-10       | Virtus World Tennis Championships           | Astana, Kazakhstan     |

\*Lead-in training camps and departure dates/details to be confirmed

## ID/A AUSTRALIAN REPRESENTATION

### APPENDIX A

#### Competition participation expectations for Australian Representatives:

1. Two (2) State Tennis Australia ID/A tournaments annually
2. ATC Nationals or AO PWID Championships
3. Mainstream Competitions – Singles & Doubles
  - o Monthly for capital city players
  - o Bi-monthly for regional players (Regional = 100 kilometers outside capital city)
4. For players who are unable to play mainstream tournaments due to intellectual disability challenges (singles & doubles):
  - o Club Competition (UTR registered) – weekly AND/OR
  - o Specialized ID/A competitions – competing against players who are of a similar or stronger level

Please Note: If competition is not UTR registered, you must be able to provide results.

#### Training and Fitness Guidelines for Australian Representatives:

1. 6 – 12 hours per week, consisting of private training, squads, hitting sessions, strength and conditioning and recovery.
2. Fitness benchmarks as per the below:

*\*please note that these benchmarks are to be used as a guide only. These measures will be tested at the Aus Rep camps as a way to determine current fitness levels and set training goals*

| Sport Class        | Beep Test | Vertical Jump > | 10m Speed < | Mod 505 L/R Av < |
|--------------------|-----------|-----------------|-------------|------------------|
| <b>II-1 Male</b>   | Level 7   | 43cm            | 2 sec       | 2.85 sec         |
| <b>II-1 Female</b> | Level 5.5 | 30cm            | 2.30 sec    | 3.50 sec         |
| <b>II-2 Male</b>   | Level 3.5 | 28cm            | 2.80 sec    | 3.10 sec         |
| <b>II-2 Female</b> | TBD       | TBD             | TBD         | TBD              |
| <b>II-3 Male</b>   | Level 7   | 49cm            | 2 sec       | 2.80 sec         |
| <b>II-3 Female</b> | Level 5.5 | 30cm            | 2.20 sec    | 3.20 sec         |

3. Disclosure of injuries/medical conditions from October 2024 to current, treatment/recovery plan to be provided.
4. Disclosure of any medical conditions related to travel, treatment and support plan to be provided.