

TENNIS AUSTRALIA – DEVELOPMENT LEVEL 1 – COACHING COURSE

2025-NSW-NORTHERN-APRIL-COURSE-SCHEDULE

Course Schedule

BLOCK	DAY	DATE	TIME	UNIT	Venue
1	1	14/4/2025	10.00am-5.00pm	Introduction Coach Framework Coach Blue Stage players	TBA
	2	15/04/2025	08.00am – 3.00pm	Coach Blue Stage players / Coach Red Stage 1 players	
	3	16/04/2025	08.00am – 3.00pm	Coach Red Stage 2 players	
	4	17/04/2025	07.00am – 2.00pm	Coach Red Stage 3 players / Red Stage Competition	
	5	11/05/2025	n/a	Red Stage On-Court Assessment	(Video)
2	6	14/07/2025	10.00am – 5.00pm	Coach Orange Stage 1 players	TBA
	7	15/07/2025	8.00am – 3.00pm	Coach Orange Stage 2 players	
	8	16/07/2025	7.00am – 2.00pm	Orange Stage Competition / Doubles	
	9	10/08/2025	n/a	Orange Stage On-Court Assessment	(Video)
3	10	07/10/2025	10.00am – 5.00pm	Coach Green Stage 1 players	TBA
	11	08/10/2025	8.00am – 3.00pm	Coach Green Stage 2 players	
	12	09/10/2025	7.00am – 2.00pm	Adult Coaching/ Cardio Tennis	
	13	02/11/2025	n/a	Green Stage On-Court Assessment	(Video)

Assessments

Stage	No. of players	Time allocated	On-court date or due date (video)
Red	4	5 minute player profile + 30 minutes + 15 min feedback – total 50 mins	11/05/2025
Orange	4	5 minute player profile + 30 minutes + 15 min feedback – total 50 mins	10/08/2025
Green	2	5 minute player profile + 45 minutes + 15 min feedback – total 65 mins	02/11/2025

Online modules	Task
Self-paced between 30-50 mins	Responsibilities of the coach – Risk & Integrity
Self-paced between 30-50 mins	Responsibilities of the coach – Conflict Management
Self-paced between 30-50 mins	Development of the coach – Maximising Potential
Self-paced between 30-50 mins	Delivering Hotshots in Schools – Primary & Secondary School Workshops
Self-paced approximately 60 mins	Complementary formats – Beach tennis, Pickleball, Pop & Padel

Notes: This course schedule is subject to change

To maximise the outcomes of the course, attendance at all sessions is compulsory

If you are unable to attend a session, you must notify the Course Coordinator prior to the commencement of course

A medical certificate may be required if you are unable to attend any sessions due to illness