

As a parent or carer the most rewarding experience is to see your child or person you look after, having fun and getting engaged in a sport. Tennis is such an inclusive sport and with so many opportunities it's so easy to find a place where they will fit in and have fun. Whether it's just a hit at the local club or your child working towards becoming the next Lleyton Hewitt, they are sure to grow and develop their skills and make new friends they'll treasure forever.

What can you do as a parent or carer?

- Be encouraging and supportive of your child or person you care for. Let them explore the sport and develop new friendships and skills.
- Encourage your child to make the most of all opportunities that are presented to them.
- Be open minded and willing to educate your club about your child's disability and ensure any accessibility issues are addressed.
- Work with your club to try and find ways to be inclusive and welcoming.
- Know and understand your rights as a parent or carer as well as the rights of your child or the person in your care.
- Know and understand the anti discrimination and anti bullying policies at your club.
- Encourage your child to be inclusive and welcoming of other people at the club.
- Encourage your child to speak up if they think they or someone else at the club is being treated unfairly.
- Be cooperative and work with the club, coaches and administration staff to try and create the most positive and inclusive environment possible, for your child and other members of the club.
- Help your child or the person you look after understand their responsibilities as a tennis player and what it means to be part of a tennis club.
- If any issues arise make sure they are dealt with, quickly and efficiently. If they involve your child or person you look after, be sure to talk to them about the situation.