

# My Coaching Life

Always striving for that little bit extra is a philosophy that Danial Stredder not only instils in his students, but lives every day.

**I started playing tennis** competitively at age 10. A bit of a late starter by today's standards.

**My most memorable moment** was winning four titles in the one junior tournament over two age groups with my family watching on. It was the best family/community atmosphere I can remember.

**I decided to become a coach** because my coaches picked up on qualities they saw within me and nurtured me towards being a tennis coach since as long as I can remember. I think they did a pretty good job. Cheers fellas.

**The players I've coached** scale from one end to the other. I used to coach a 15/u Russian boy in the UK who was ranked at a state level in his age group, along with the 13/u

My Pa inspired me in tennis and competition and would always tell me "if you're suffering or tired then so is the other guy". There's always one more thing you can do.

**I maintain a positive coach-player relationship** with honesty. If the player doesn't trust you they aren't going to listen to you.

**An athlete's work ethic** goes in part with that age old saying 'You only get out what you put in'. Again, being honest with them about the reality of what they want to achieve versus what they have to do to get there.

**My team and I just want what's best for the players at all levels.** And that's what we deliver. We are always looking to raise the bar for all of our players, from

quite well. We consistently and successfully operate at least one MLC Tennis Hot Shots Tennis in Schools program or equivalent program per term. We also ran a MLC Tennis Hot Shots Inter School Tennis Cup participation competition which operates with schools entering red, orange and green teams at different times of the year. This year we had approximately 250 participants across the three levels - certainly one of our most exciting competitions of the year! In recognition of our hard work our club also managed to win two Queensland state tennis awards, which were 2011 Most Outstanding Club and MLC Tennis Hot Shots Most Outstanding Coach. None of this is possible without an excellent team to work with.

**What I most enjoy about being a coach** is seeing the future of tennis development grow within Australia and knowing that I'm a part of that. Not just within player development but working with coaches as well to also help bring on their own skills. I think I would have to say it's a passion of mine to develop tennis in all areas.

**Right now I'm happy in my current position** but I could see myself one day working in tennis on a national or international scale. Perhaps some sort of ambassador to Tennis Australia/ITF or operate my own tennis business, all of which would not only be challenging but an interesting lifestyle and a lot of fun. I like to challenge myself and am always looking to develop my own skill sets. So far that mentality has worked out pretty well.



**Name:** Danial Stredder

**Venue:** The Gap Health and Racquet Club, The Gap, Brisbane, Queensland

**Qualifications:** Tennis Australia Junior Development Coach



Passionate about the development of young players, Stredder is delighted with the success of the MLC Tennis Hot Shots program.

No. 1 junior from St Lucia, also UK based. I now coach predominantly MLC Tennis Hot Shots and grassroots level tennis, focusing strongly on development pathways for junior tennis in Australia.

**A philosophy I want my students to take away** is never give up, especially on yourself.

kids three years old and older to our tournament squad players.

**There's been a lot of progress at The Gap Health and Racquet Club:** We have resurfaced to the Australian Open True Blue on all hard courts. Retention of MLC Tennis Hot Shots participants is key and we do