

Local Advisory Group Forum & Professional Development Workshop - Movement



"Your chance to be heard locally, discuss the issues affecting coaches and offer solutions"

LAG forum – Discuss the local challenges faced by the local coaches

Workshop and LAG includes:

'Movement' presentation by Narelle Sibte. Narelle has previously worked at the Australian and English Institutes of Sport and has worked with world/Olympic medallists in 12 different sports. She has specialised in tennis for 6 years whilst working as National SC Manager at the LTA and then TA. Her particular areas of interest include strength and power development and solving problems of movement inefficiency. Her current projects are assisting Sam Stosur in her physical development and devising a LTAD plan for her son Lachlan.

Within the forum, there will be appropriate opportunities for all attendees through interactive/participatory activities to discuss the recommended solutions, to the identified issues and challenges, which coaches face on a day to day basis. The outcomes will be presented to the National Coaching Advisory Group by your LAG representative and actioned by the Coach and Talent Development team.

Date	Time	Venue	Topic
Thursday 16 August	10:45 am – 2:30 pm (includes light refreshment break)	Tennis SA* Memorial Dr Complex Adelaide	<ul style="list-style-type: none">• LAG forum• On-court 'Movement' Incorporating Tennis Australia movement philosophy



Dress: Tennis attire/casual

RSVP: Brett McLennan
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**room and parking to be confirmed with rsvp*



FREE workshop for coach members!