NAME: _____   **DATE OF INTERPRETATION:** _____

PERSONAL PROFILE OF COACHING PREFERENCE IN TENNIS
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STEP 1
9>1 pts ⬇

STEP 2
5>1 pts ➡

STEP 3
for 19 - 21
3>1pts ⬇

#	Step 1	#	Step 2 col 1	Step 2 col 2	Step 2 col 3	Step 2 col 4	Step 2 col 5	#	Step 3
1.	I enjoy developing players by instruction based on knowledge	10.	Insight in the game to play it	Tennis is chess, kwow your moves	Understand position&patterns	Stroke development	How to move correct	19. a	
2.	I like to make my player a competitor with stamina	11.	Maintain focus & energy	Reduce unforced errors and errors	Play shots and angles as you are trained	Get every ball & strike consistent	Be fit, don't quit	b	
3.	I believe in mentorship to support my player	12.	Match flow & inner game	Play your game intelligent	Concentrate on execution	Move to match	Athletic lifestyle for the game	c	
4.	I provide my player with education on what to do and how to do it	13.	Comprehend to perform	Play smart, play correct	Learn trajectory & position	Biomechanics to understand	Co-ordination & physical fitness	20. a	
5.	I prefer a systematic approach to gain consistant performance	14.	Get confident and fight	Stick to the plan	Get in place & hit where you must	Get solid technique	Automation of movement	b	
6.	I adapt my coaching to enhance the competence of my player	15.	Grow in winner mentality	Personal game plan	Get aware of effective shots and play	Unfold your personal style	Condition yourself for the game	c	
7.	I feel like demonstrating skills and improve skillfullness	16.	How to behave, what comportment	Choose right in a given game situation	Appropriate angles from certain positions	Technique to solve given situations	Develop movement skills & condition	21. a	
8.	I am keen on developing players through hard work, rehearsal and discipline	17.	Attitude & routines	Percentage tennis	Patterns are key	Drill proper technique	Power, persistance & endurance	b	
9.	I feel like guiding my player through his development	18.	Perfromance tennis, a way of life	Well-rounded game	Look at opponent & ball, see intentions	Move to play	Be prepared	c	

HOW TO FILL IN:

Step 1 : Rank the descriptions (1. - 9.) in accordance to the extent that they match your personal coaching style. Note a score for each description in line with your ranking as followed:
nr.1 = 9 pts (totally my style), nr.2 = 8 pts, … , nr.9 = 1pt

Step 2 : Interpret on each row from 10. - 18. the 5 terms. Rank the terms in conformity with your personal preference in coaching. Note a score for each term in line with your ranking as followed:
nr.1 = 5 pts (totally my preference), nr.2 = 4 pts, … , nr.5 = 1pt.

Step 3 : Interpret the terms from step 2 on rows 19.a, b & c. Rank the rows in accordance to the extent they fit your on court coaching habits. Note a score for the row a, b & c in line with your ranking as followed:
nr.1 = 3 pts (rather my way), nr.2 = 2 pts, nr.3 = 1pt. Do the same for clusters 20.a, b & c and 21.a, b & c.

Step 4 : Make up your personal profile of coaching preference in tennis by calculating the resulting scores as prescripted on the backside of this paper.

MY PERSONAL PROFILE OF COACHING PREFERENCE IN TENNIS

based on questionnair

GET YOUR PROFILE OF PREFERENCE FROM THE QUESTIONNAIR:

A. Preferred role in your approach

	TEACHER	pts.	*= Sum of scores 1. + 4. + 7. + 19.a + 20.a + 21.a - Max. 33 points*
	TRAINER	pts.	*= Sum of scores 2. + 5. + 8. + 19.b + 20.b + 21.b - Max. 33 points*
	COACH	pts.	*= Sum of scores 3. + 6. + 9. + 19.c + 20.c + 21.c - Max. 33 points*

↳ **Rank 1 > 3**

B. Preferred level of observation

	GAME PERCEPTION & ATTITUDE	pts.	*= Sum of scores for the 1st column of terms for row 10. to 18. - Max. 45 points*
	STRATEGY & TACTICS	pts.	*= Sum of scores for the 2nd column of terms for row 10. to 18. - Max. 45 points*
	EXECUTION OF TACTICS	pts.	*= Sum of scores for the 3rd column of terms for row 10. to 18. - Max. 45 points*
	TECHNIQUE	pts.	*= Sum of scores for the 4th column of terms for row 10. to 18. - Max. 45 points*
	MOTOR COMPETENCE	pts.	*= Sum of scores for the 5th column of terms for row 10. to 18. - Max. 45 points*

↳ **Rank 1 > 5**

C. Preferred level of observation in your role as

	PERCEPTION & ATTITUDE	STRATEGY & TACTICS	EXECUTION OF TACTICS	TECHNIQUE	MOTOR COMPETENCE	
TEACHER : Rank 1 > 5	pts.	pts.	pts.	pts.	pts.	*Sum 10. 13. 16*
TRAINER : Rank 1 > 5	pts.	pts.	pts.	pts.	pts.	*Sum 11. 14. 17*
COACH : Rank 1 > 5	pts.	pts.	pts.	pts.	pts.	*Sum 12. 15. 18*

↳ *for 1st column of terms* ↳ *for 2nd column of terms* ↳ *for 3rd column of terms* ↳ *for 4th column of terms* ↳ *for 5th column of terms*