

2012 Australian Grand Slam Coaches Conference Program

Building a bigger, better base

tennis.com.au/coachesconference

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Thursday 12 January 2012		
7.30am - 9.00am	Registration (Eastern Concourse – Door 8 Hisense Arena)	
9.00am - 9.05am	Welcome – Craig Tiley & Geoff Quinlan (Hisense Arena)	
9.05am - 10.00am	Planning, a key ingredient to every lesson - Craig Morris and Mike Barrell (Hisense Arena)	
10.00am - 11.00am	Nurturing a talent - Judy Murray (Hisense Arena)	
11.00am - 11.30am	BREAK	
11.30am - 12.30pm	On court tips to help your players stay emotionally strong - Frank Giampaolo (Hisense Arena)	
12.30pm - 1.30pm	Green ball versus yellow ball – Kim Kachel (Western Lounge)	
1.30pm - 2:20pm	LUNCH	
STREAMS	MLC TENNIS HOT SHOTS (Court 21)	CHAMPIONS (Western Lounge)
2.30pm - 3.10pm	Explore the red stage – Wes Horskins & Futures Tennis Academy	The tennis parent's bible - Frank Giampaolo
3.20pm - 4.00pm	Develop the orange stage – Craig Jones	Developmental trajectories and skill development in tennis – Sean Fyfe
4.10pm - 4.50pm	Encourage the green stage – Mike Barrell	Understanding the Long Term Athlete Development Plan - A case study - Luke Saville & Ashleigh Barty – Geoff Quinlan
5.00pm - 6.00pm	NETWORKING BBQ & COCKTAIL HOUR	

Friday 13 January 2012		
8.30am – 9.30am	Cardio Tennis to a large group - Michele Krause (Hisense Arena)	
9.30am -10.30am	Design of exercises according to the phase of training - Jofre Porta (Hisense Arena)	
10.30am - 11.00am	BREAK	
11.00am- 12.00pm	Developing the serve - Anthony Richardson (Hisense Arena)	
12.00pm - 1.00pm	Teaching changing pace and how to make effective use of time on an orange court - Butch Staples (Hisense Arena)	
1.00pm – 1.50pm	LUNCH	
STREAMS	PLACES TO PLAY (Western Lounge)	CHAMPIONS (Bubble courts)
2.00pm - 2.40pm	Building a successful business from the ground up – you can do it too! – Rob Sukhdeo	The Horse and the Cart - physical development and the impact on changing technique - Aaron Kellett
2.50pm - 3.30pm	The council's perspective' – Leisa Brennan	Preparation is the key to good ground strokes - Kenneth Bastiaens
3.40pm - 4.20pm	Commercial operations in a non profit environment – Ken Barton	Footwork, much more than getting close to the ball - Jofre Porta

Saturday 14 January 2012

7.00am – 8.30am	Cardio Tennis “Come and Try” – Optional on court activities (Courts 19,20,21)	
9.00am – 10.00am	A developmental pathway - Kenneth Bastiaens (Hisense Arena)	
10.00am -11.00am	A new era for net rushers - Vic Braden (Hisense Arena)	
11.00am – 11.30am	BREAK	
11.30am – 12.30pm	Connection of athlete development and technical skill – Craig Jones (Hisense Arena)	
12.30pm - 1:20pm	LUNCH	
STREAMS	CARDIO TENNIS	CHAMPIONS
1.30am - 2.10pm	Cardio Tennis – Delivering it your way – Belinda Colaneri, Christina Ladyman, David Grainger (Bubble courts)	The Coaches Mind: ‘Psychological strategies for the coach to facilitate peak performance’ – Ruth Anderson (Western Lounge)
2.10pm - 2.50pm	Swing your Cardio Tennis program into action - Travis Atkinson (Western Lounge)	"Developing Adaptive Skills in Young Players - Progressions and Activities". Butch Staples (Bubble courts)
2.50pm - 3.30pm	Cardio Q & A workout – Michele Krause & Cardio Coaches facilitated by Karen Clydesdale (Western Lounge)	Tips to help alleviate technical flaws - Scott Draper (Bubble courts)
3.30pm – 4.00pm	MLC Tennis Hot Shots - Craig Morris	
4.00pm-4.45pm	Toni Nadal	
4.45pm – 5.00pm	CLOSE	
7.00pm onwards	OFFICIAL CONFERENCE DINNER Essential coaching ingredients at the junior or elite level – James Hird (Kooyong Lawn Tennis Club)	

Sunday 15 January 2012

Conference Interactive Workshop

9.00am – 12.00pm (\$30 Additional to conference fees)

Delegates choose one stream to attend. Limited to 80 delegates.

8.00am Bus departure from Olympic Boulevard directly in front of Hisense arena

STREAM 1	Mike Barrell
STREAM 2	Michele Krause
STREAM 3	Jofre Porta
STREAM 4	Kenneth Bastiaens

For up to date schedule and speakers please visit: tennis.com.au/coachesconference

Schedule and speakers correct at time of printing (13 January 2012)

Tennis Australia reserves the right to change if necessary.