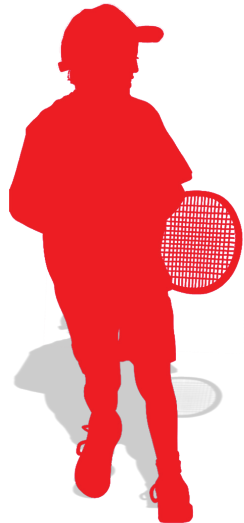




# MLC Tennis Hot Shots Red learning objectives

I am able to consistently:

- perform a circular swing on groundstrokes
- serve with variety of direction in a throwing motion
- rally with a partner for 20 shots
- vary speed and direction of the ball to move an opponent in a rally situation
- anticipate my opponent's shots
- perform a volley and overhead with some control and consistency in a rally situation
- cooperate with, and help others in a pair and team situation.



Comment: \_\_\_\_\_  
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Coach: \_\_\_\_\_

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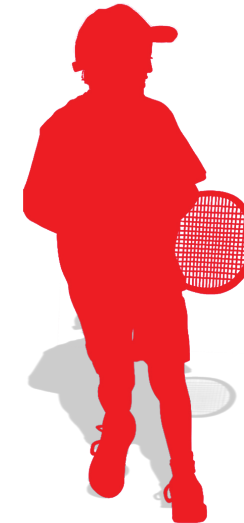
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