

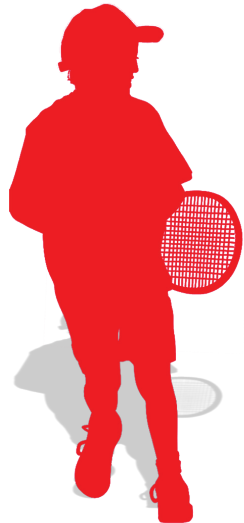


Congratulations on achieving MLC Tennis Hot Shots Red!

.....
has now graduated to Orange.

I am able to:

- perform a circular swing on groundstrokes
- serve with variety of direction in a throwing motion
- rally with a partner for 20 shots
- vary speed and direction of the ball to move an opponent in a rally situation
- anticipate my opponent's shots
- perform a volley and overhead with some control and consistency in a rally situation
- cooperate with, and help others in a pair and team situation.



Club / Venue:

Coach:

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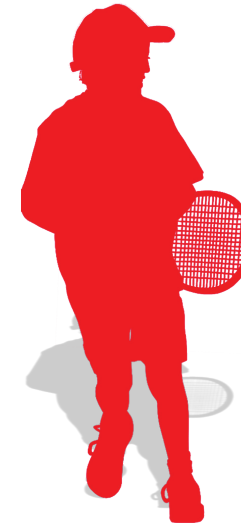


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