



Game  
changer

**DIANNE BROOME**



## The remarkable impact of one woman

Life member and volunteer extraordinaire, **Dianne Broome**, has spent over 10 years coordinating the 'Life After Birth' (LAB) program at Sorrento Tennis Club. The positive impact of the program is quite simply beyond measure.

### The program

This crèche facility runs every Tuesday morning offering **affordable and flexible child minding**. The program is designed to enable mums to participate in the social tennis program and coaching lessons available at the same time.

**LAB** aims to address the risks associated with post-natal depression providing the opportunity for mums to participate in physical activity, break from routine and engage in social connectedness.

### The facts

- **10+ years coordinating LAB**
- **1,200+ hours volunteering**
- **180+ mums**
- **400+ children**
- **Unbounded social capital**

### The impact

*"I'm not sure Dianne truly appreciates the positive impact she has had on so many lives, mine included"*  
~ Cath Fitzgerald (LAB Mum)

*"Finding out about the LAB program was the best thing that happened to me as a mum because I have made life long friends and have become part of Sorrento Tennis Club because of it"*

~ Katy Turnock (LAB Mum)

*"I'll never forget how lovely Dianne was when I first turned up to the club"*

~ Davina Menezes (LAB Mum)