



TENNIS TOOLKIT

Victorian Community Tennis Guidelines

TENNIS VICTORIA

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How to use the Victorian Community Tennis Guidelines

The **Victorian Community Tennis Guidelines** are designed to support anyone involved in delivering or playing tennis, to do so within Victorian COVID-19 Restrictions.

Tennis has an important role to play in helping people be active in this new phase of the COVID-19 Pandemic. This is as long as Victorian Government restrictions are adhered to, and public health and safety is considered a top priority.

All clubs are required to have a COVIDSafe Plan. You can use [this guide](#) to assist in ensuring your Tennis Club is COVIDSafe. Alternatively, applying these guidelines, in conjunction with the [Victorian Community Tennis Checklist](#), can be your club's COVIDSafe Plan. Please have your COVIDSafe Plan accessible at all times.

This is a rapidly evolving situation, please refer to the [Tennis Victoria website](#) regularly for the latest recommendations and guidance on dealing with COVID-19 for tennis in Victoria.

If you have any questions on behalf of yourself or your club, please e-mail your Tennis Victoria Representative found [here](#).

On Sunday 22 November, the Victorian State Government announced the easing of restrictions that came into effect at 11.59pm on Sunday 22 November. The below information is in line with the DHHS published [Restricted Activities Directions](#).

Follow the COVIDSafe principles:

- Please carry a face mask at all times and wear a face mask for situations when you cannot physically distance yourself from others (1.5m apart).
- Do not play if you are sick or unwell.
- Collect details (Full name and Phone number) for contact tracing purposes.
- Cough or sneeze into your elbow or tissue.
- Use good hand hygiene.



The directions of the Victorian Government for Victoria from Monday 23 November:

- Facilities and Clubhouses are subjected to the density limit of 1 person per 4sq metres.
- Clubhouses should advise how many maximum people are permitted into their venue using [this signage](#).
- For an outdoor facility: No more than 50 people in a group and not more than 500 in total at a venue any one time.
- For an indoor facility: No more than 20 people in a group and not more than 150 in total at a venue any one time.
- Community tennis competition can continue. Attendees should be aligned with the numbers referenced above. Spectators are permitted in the total venue cap numbers listed above.
- Everyone must practice physical distancing at all times by being 1.5m apart from one another.
- Equipment can be shared, provided it is cleaned between users.
- Records must be kept of all members of the public using the facility. You may want to use this [QR Code](#) resource to assist with participant tracking and encourage facility users to download the [COVIDSafe app](#).
- If you operate a canteen, café, restaurant, fast food or cafeteria please refer to the [guidelines for hospitality](#) for how you may be able to operate.
- Outdoors: If you are 12 years or older, you must carry a face mask, unless you have a lawful reason. If at any time, you cannot physically distance yourself (1.5m) from others, you must wear your face mask.
- Indoors: If you are 12 years or older, you must wear a face mask when you are indoors, unless you have a lawful reason. Once you begin playing Tennis, you can remove your mask.



Victorian Community Tennis Guidelines:

To keep the tennis and the wider community safe, we must all take responsibility to minimise the effects and spread of COVID-19.

Before you play

Please stay at home if you have been exposed to someone with COVID-19 in the last 14 days or have mild flu-like symptoms.

If you are in a [high risk health](#) category, please consider whether you should be administering or playing tennis at any time during this period. Please do not take unnecessary risks and get a test and stay home if you have any symptoms.

Attending tennis activities

- Arrive and leave as close as possible to your scheduled time at the venue.
- Spectators are permitted within the venue cap numbers listed above.
- Carpooling: Please see the most up to date advice [here](#).

Tennis activities

- Outdoor and indoor courts are open for all forms of Tennis.
- Competition and tournament play can continue.
- Where possible, limit off-court gatherings.
- Keep records of who attends your venue and their contact details, you may want to use this [QR Code for this purpose](#).
- Payments to be made online to avoid handling cash.
- Leave gates ajar during opening hours so players do not need to use handles to enter.

Physical distancing

- Keep 1.5 metres away from other people while attending a tennis activity.
- Remember no handshakes or high fives, try tapping racquets instead.

Behaviours

- Wash/sterilise your hands before and after you play.
- Avoid touching your face while playing.
- Not share water bottles and bring your own full water bottle instead.
- Bring your own hand sanitiser.
- Cover your coughs and sneezes with your elbow.
- Be aware of what surfaces you touch and ensure you clean them after play.
- Carry a mask on you at all times and wear it if you cannot physically distance or are indoors.

Coaching

- Group coaching is permitted within group size limits listed above.
- Maintain physical distancing (1.5m apart) at all times including when giving feedback and while the player is resting.
- Do not let the student handle any coaching equipment – the coach or program facilitator should pick up tennis balls and feed drills.



Clean environment

- It is critical that the Tennis Victoria Community provides a clean environment in which to play tennis at this time.
- Display signage about handwashing and hygiene techniques at strategic points (ie: gate entry) and display on the side of all courts.
- Tennis workplaces are required to have a [COVIDSafe Marshal](#) onsite.
- Cafes in club houses can open subject to the [Industry Restart Guidelines for Hospitality](#).
- Clean all communal tennis equipment ie. nets, court bagger, gate handles etc.

General advice

- At all times sport and recreation organisations must respond to the directives of Public Health Authorities.
- Localised outbreaks may require sporting organisations to again restrict activity and those organisations must be ready to respond accordingly.
- The detection of a positive COVID-19 case in a sporting or recreation club or organisation will result in a standard public health response, which could include quarantine of an individual or large group, and close contacts, for the required period.

For more information, and to keep up to date, please visit the [Tennis Victoria website](#).