



TENNIS TOOLKIT

Victorian Community Tennis Guidelines

TENNIS VICTORIA

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How to use the Victorian Community Tennis Guidelines

The **Victorian Community Tennis Guidelines** are designed to support anyone involved in delivering or playing tennis, to do so within Victorian COVID-19 Restrictions.

Tennis has an important role to play in helping people be active in this new phase of the COVID-19 Pandemic. This is as long as Victorian Government restrictions are adhered to, and public health and safety is considered a top priority.

All clubs are required to have a COVIDSafe Plan. You can use [this guide](#) to assist in ensuring your Tennis Club is COVIDSafe. Alternatively, applying these guidelines, in conjunction with the [Victorian Community Tennis Checklist](#), can be your club's COVIDSafe Plan. Please always have your COVIDSafe Plan accessible.

Latest News

To view the latest Restrictions for Metro Melbourne & Regional Victoria: [CLICK HERE](#)

Follow the COVIDSafe principles:

- Face masks are required for situations when 1.5m physical distancing cannot be maintained.
- Do not play if you are sick or unwell.
- Collect details for contact tracing purposes by using the [Victoria Government QR Code Service](#).
- Cough or sneeze into your elbow or tissue.
- Use good hand hygiene.

Victorian Community Tennis Guidelines:

To keep the tennis and the wider community safe, we must all take responsibility to minimise the effects and spread of COVID-19.

Before you play

- Check in with the [Victoria Government QR Code Service](#).
 - Please stay at home if you have been exposed to someone with COVID-19 in the last 14 days or have mild flu-like symptoms.
 - If you are in a [high risk health](#) category, please consider whether you should be administering or playing tennis at any time during this period. Please do not take unnecessary risks and get a test and stay home if you have any symptoms.

Behaviours

- Keep 1.5 metres distance from other people while attending a tennis activity.
- Remember no handshakes or high fives, tap racquets instead.
- Wash/sterilise your hands before and after you play.
- Avoid touching your face while playing.
- Don't share water bottles or food.
- Use hand sanitiser and if possible, bring your own.
- Cover your coughs and sneezes with your elbow.
- Be aware of what surfaces you touch and ensure you clean them after play.



- Carry a mask on you at all times and wear it if you cannot physically distance.

Coaching

- Maintain 1.5m physical distancing at all times including when giving feedback.

Clean environment

- It is critical that the Victorian tennis Community provides a clean environment in which to play tennis at this time.
- Display signage about handwashing and hygiene techniques at strategic points (ie: gate entry) and display on the side of all courts.
- Tennis workplaces are required to have a [COVIDSafe Marshal](#) onsite.
- Clean all communal tennis equipment ie. nets, court bagger, gate handles etc.

General advice

- At all times sport and recreation organisations must respond to the directives of Public Health Authorities.
- Localised outbreaks may require sporting organisations to again restrict activity and those organisations must be ready to respond accordingly.
- The detection of a positive COVID-19 case in a sporting or recreation club or organisation will result in a standard public health response, which could include quarantine of an individual or large group, and close contacts, for the required period.

For more information, and to keep up to date, please visit the latest information via the [Tennis Victoria Website](#).