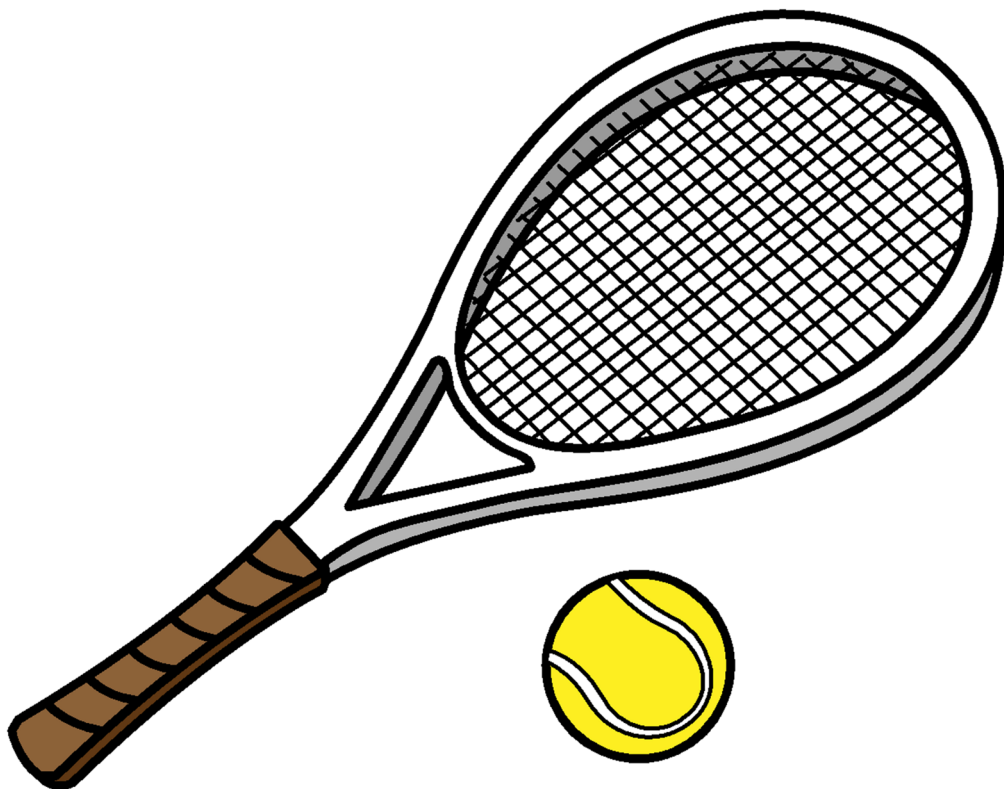
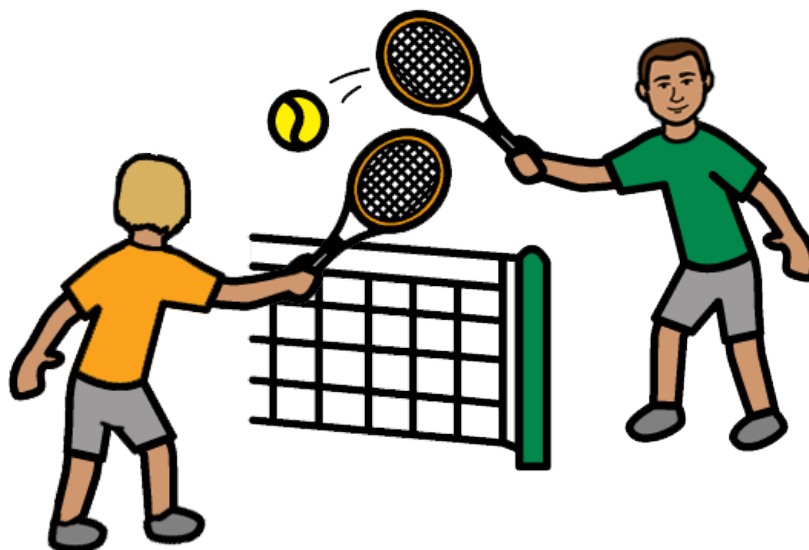


My Tennis Lesson

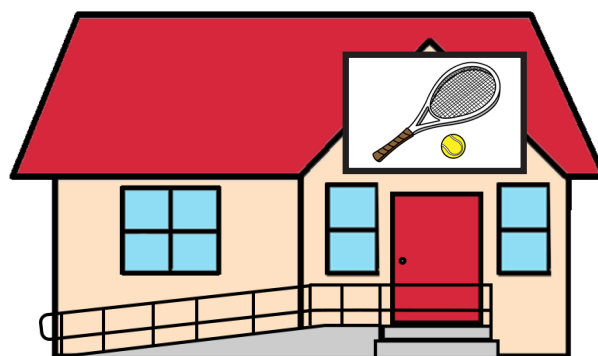
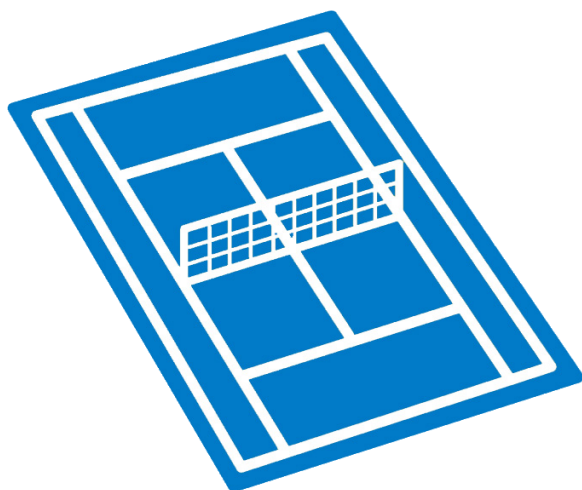


Lots of people like to play tennis.



Sometimes people do tennis lessons at a club.

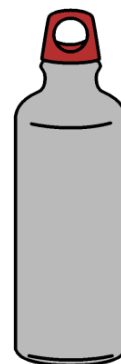
Tennis lessons help people learn how to play.



Before a tennis lesson it's important to get ready.

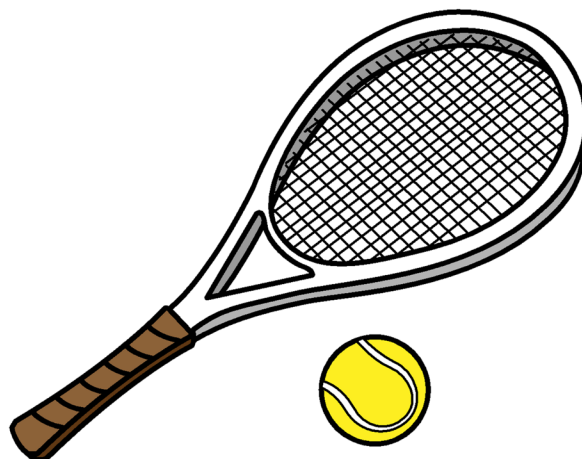
I might need to put on a hat and sun screen.

It's important to bring a drink bottle to my lesson.



It's good to wear sport clothes and runners to a tennis lesson.

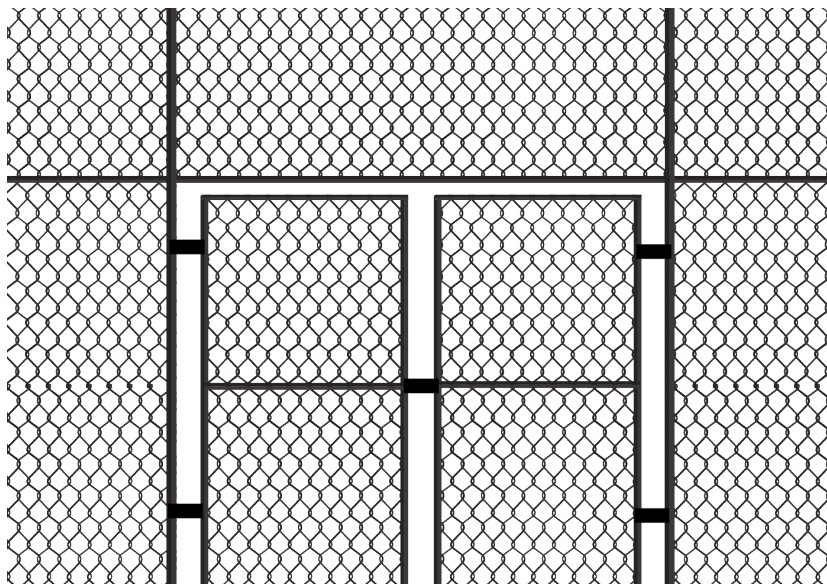
I could also bring a tennis racquet or borrow one from the club.



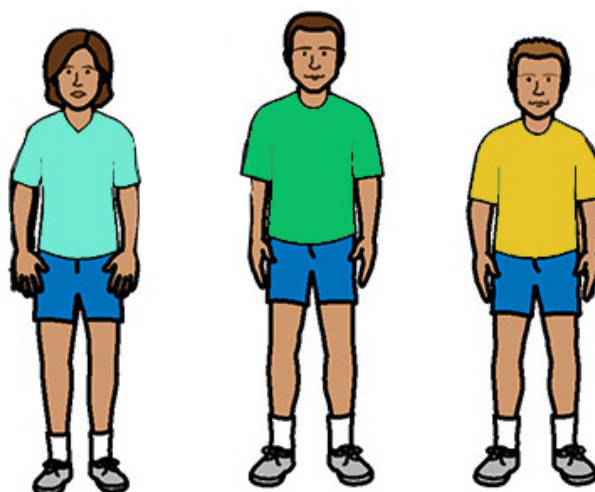
For my lesson, I will need to go to the tennis club.

The gates might be closed when we get there.

It's ok to push the gates open and go inside.



The tennis club might be very busy with people.

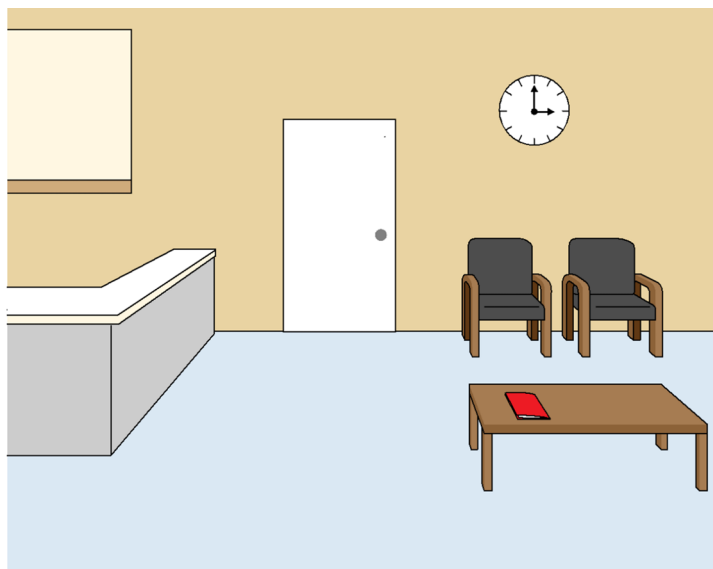


Usually there is a clubroom at the club.

In the clubroom I could use the bathroom or fill up a drink bottle.

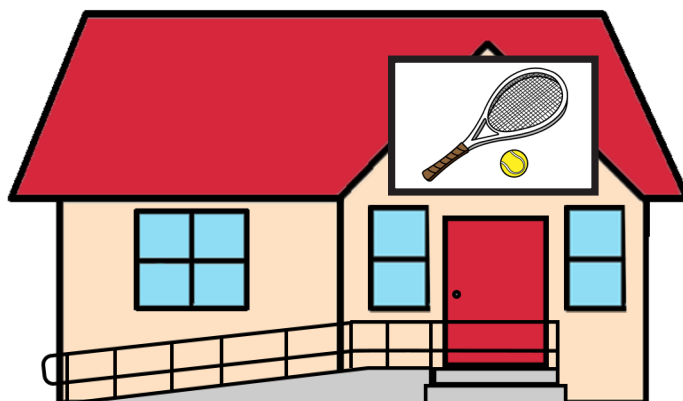
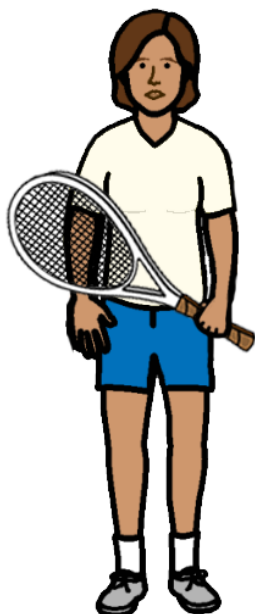
If it's raining outside I could go to the clubroom.

People also go to the clubroom to talk or have a snack.



The coach will be at the club.

My coach might be busy with another lesson and I might need to wait.



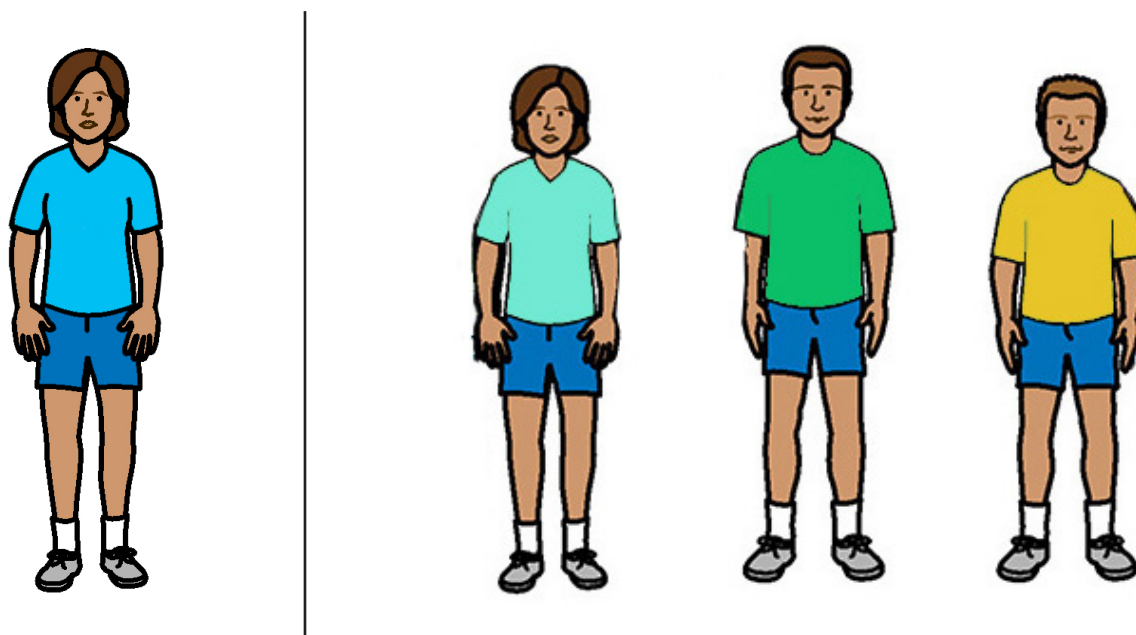
I might need to look for my coach.

They may be waiting on the court with a basket of tennis balls.

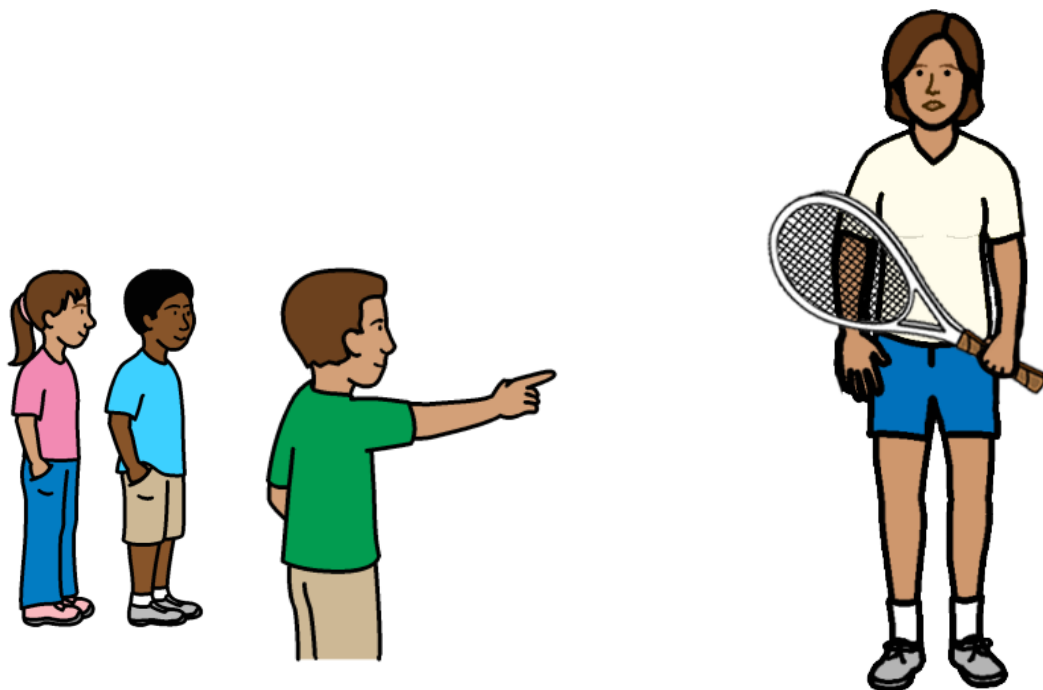


Sometimes people have lessons by themselves.

Sometimes they are in a group.

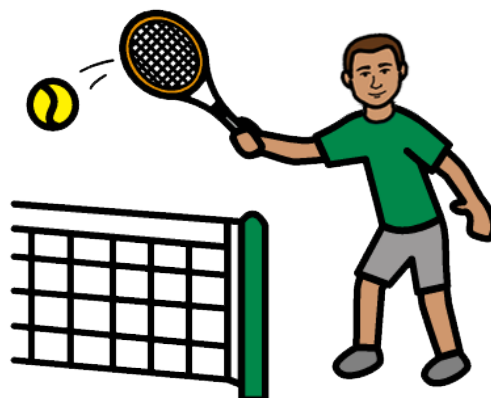
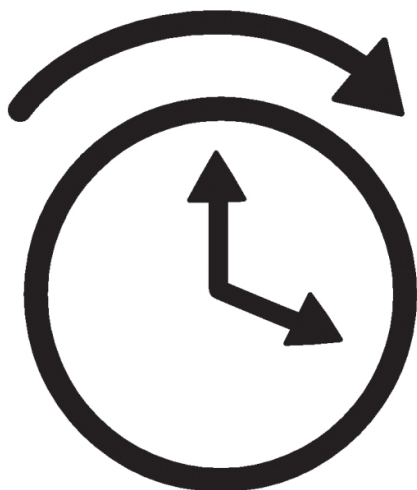


In a group lesson people start when the coach is ready.



Tennis lessons normally last for 45 minutes.

Sometimes they are longer or shorter.



My coach will help me in the lesson.

They will tell me when the lesson is starting and what will happen.

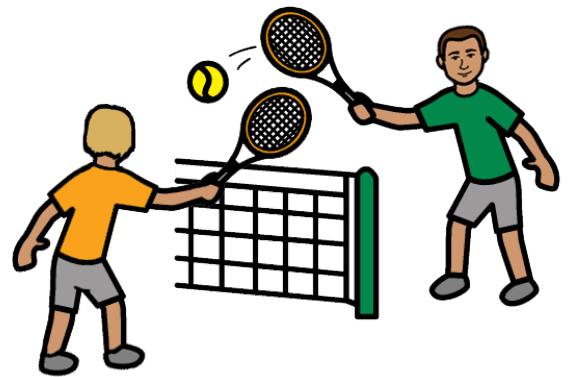
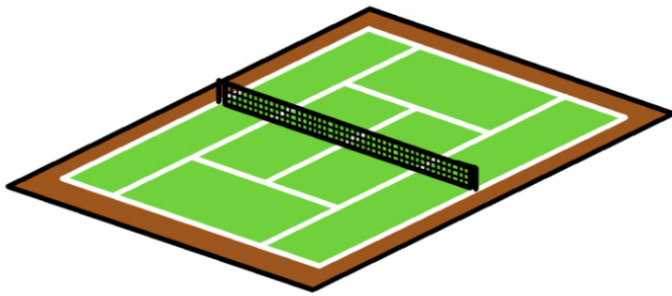


In the lesson we will do things like running, hitting the ball, picking up balls and playing games on the court.



We might use lots of equipment like racquets, balls, cones and hoops.

We might play on different courts.

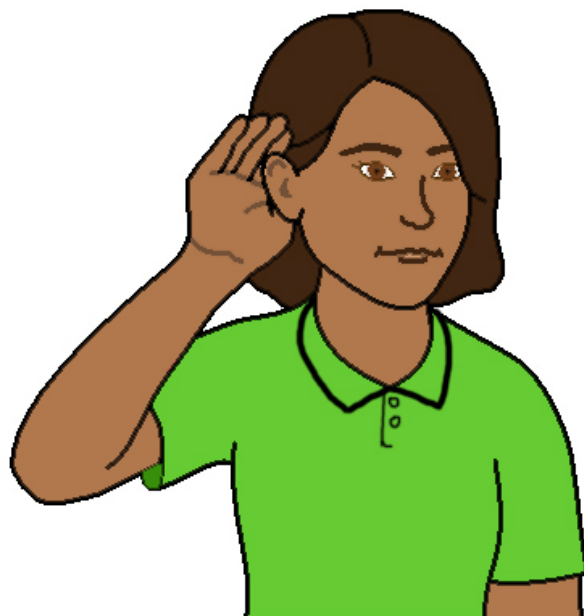


We might laugh and have fun when we play.



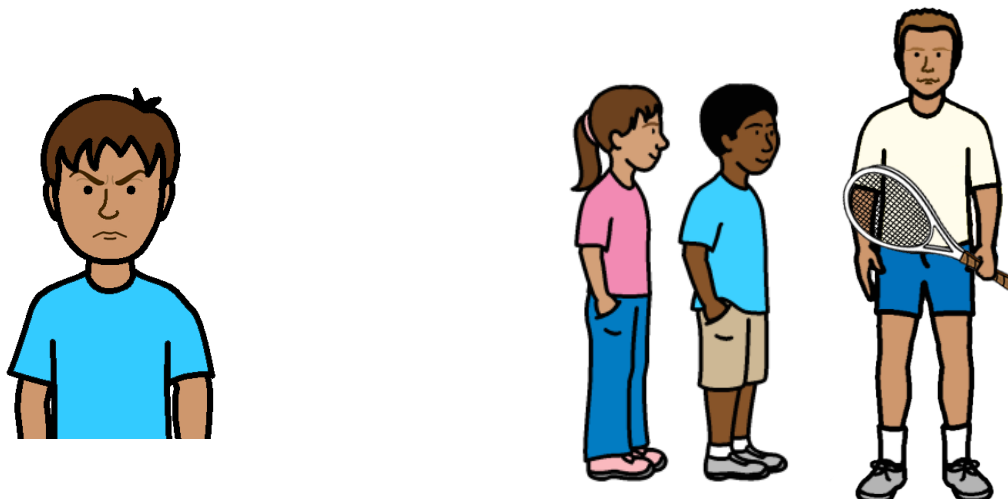
I will need to listen to my coach telling me about the games.

If I don't understand I could tell my coach.



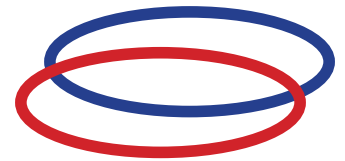
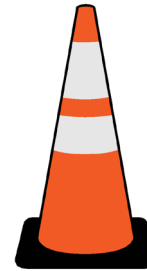
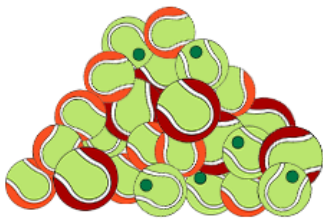
Tennis can be lots of fun but sometimes I might feel upset, like if I miss a ball, hit a ball into the net, wait for a turn or if I lose a game.

It's ok to feel upset. When this happens I could tell my coach.

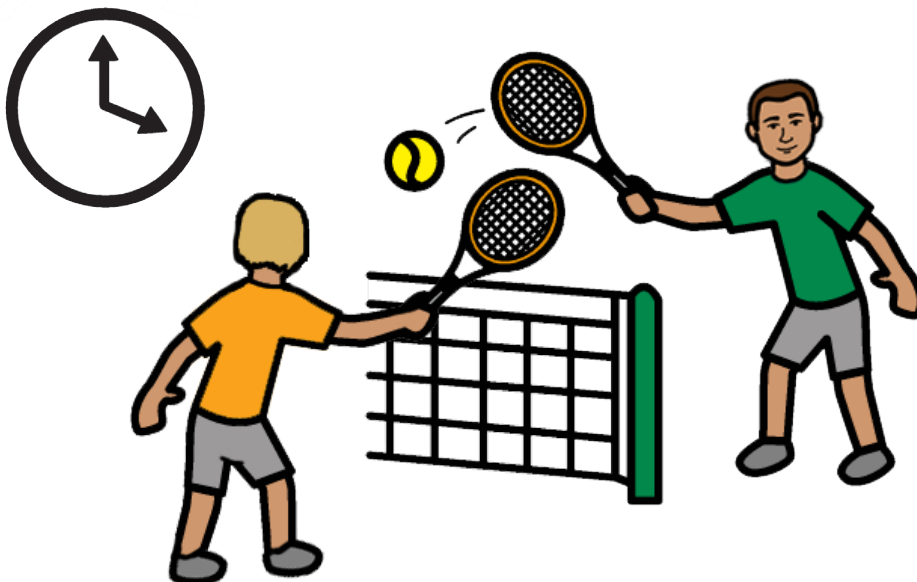


The coach will tell me when the lesson is finished.

At the end of the lesson the coach may ask me to pack away the equipment like the balls, racquets, cones or hoops.



After the lesson some people stay and keep playing on the courts.



Sometimes people stay and talk to the coach.



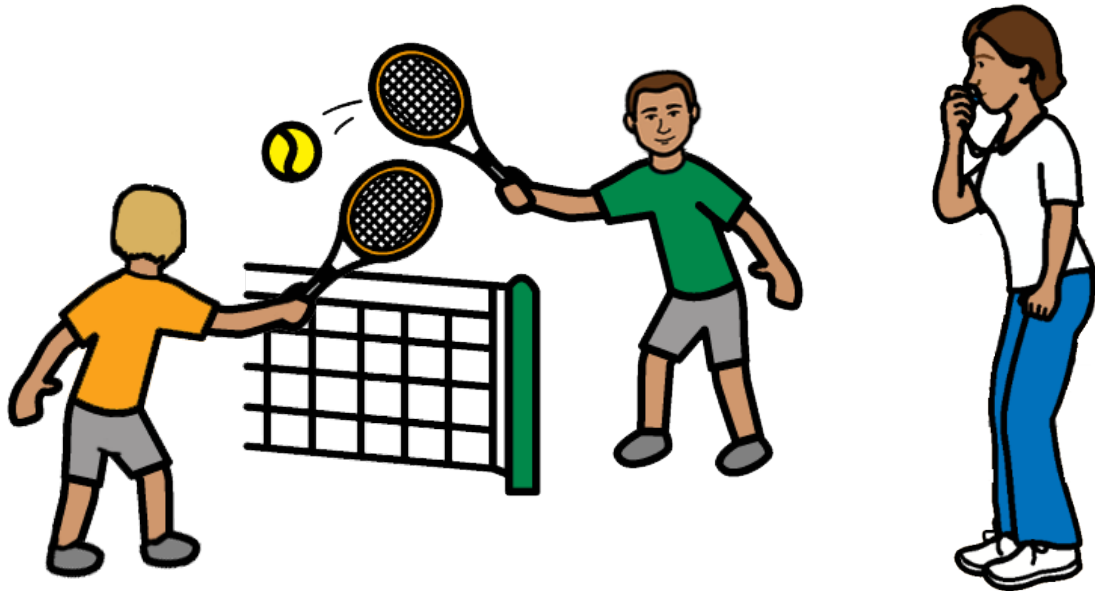
Some people go home.

They might come back next week to have another lesson.



Tennis lessons can be lots of fun.

They are a good way to learn how to play tennis.



Produced by Scope's Communication & Inclusion Resource Centre

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