

ANZ TENNIS HOT SHOTS MATCH PLAY

Providing kids with a great team tennis experience

Is your child ready to team up for next level tennis? Then ANZ Tennis Hot Shots Match Play is for them! Using a time friendly shortened format, this is a great way to transition from learning the game to start playing real matches like the Pros in a fun team environment!

ANZ Tennis Hot Shots Match Play is played across three different stages - Red, Orange & Green Ball. The following table shows skills that participants will learn from being involved:

STAGE	SKILLS	
<div>RED BALL</div> 	<ul style="list-style-type: none">• Serving the ball over the net• Learning to track the ball and move to its position• Keep the score using a simple scoring system - e.g. First to ten points	
<div>ORANGE BALL</div> 	<ul style="list-style-type: none">• Ability to serve with an overarm action into the service box• Understanding basic positioning and how to move the opponent around the court• Keeping the score and understanding the main rules of the game	
<div>GREEN BALL</div> 	<ul style="list-style-type: none">• Serve with a coordinated, balanced & continuous action• Learn to move the opponent by changing the direction & speed of the ball during a competitive rally• Understanding game rules for non-umpired matches	

To find out how to get your child involved in an ANZ Tennis Hot Shots Match Play program, speak to your local coach or visit hotshots.tennis.com.au!

