



# COVID-19 Community Tennis Guidelines



## Return to play – recommended tennis activities (Tasmania)

	Tasmanian Government, subject to Public Health advice – Roadmap to Recovery Stages			
	No Play	Stage 1 – 18 May	Stage 2 – 15 June	Stage 3 – 13 July
<b>Key message</b>	<b>Stay home, save lives</b>	<b>Restricted community and social play</b> <b>Gatherings of up to 10 people</b>	<b>Get in, play, get out</b> <b>Gatherings of up to 20 people</b>	<b>The new normal</b> <b>Gatherings of 50-100 people with numbers guided by public health</b>
<b>Play</b>	<b>Solo activities</b> Running, aerobic, agility, resistance, skills, strength and tennis-specific training	<b>Limited social play</b> No more than 4 people per court  Vulnerable people encouraged to stay home	<b>Social play</b> Full training on court, singles or doubles  Vulnerable people encouraged to stay home	<b>Social play</b> Full sporting activity can be conducted with numbers TBC (competition, tournaments, matches).  Vulnerable people encouraged to stay home
<b>Coaching</b>	Online coaching and resources (e.g. videos, play books).	Small group coaching only (no more than 4 people per court)	Larger group coaching (no more than 10 people per court)	Regular coaching School holiday clinics with numbers TBC
<b>Schools</b>	Tennis at Home (Home Court Tennis)	Tennis at Home (Home Court Tennis)	Class Room Tennis	Tennis in Schools; Intra-School and Inter-School competition with numbers TBC
<b>Recommended activities for tennis</b>	Activities where no equipment is required, or have access to own equipment (e.g. ergometer, weights).	Activities where at least 1.5m can always be maintained between participants (no more than 4 people).  No contact between participants and / or other personnel.  No sharing of equipment	Indoor / outdoor activities that can be conducted in small groups (no more than 10 people per court e.g. Open Court Sessions).  Adequate communal / indoor spacing (not more than 1 person per 4m <sup>2</sup> ).  Some sharing of sporting equipment permitted such as tennis racquet, use of a skipping rope, weights, mats, etc. with pre and post cleaning (avoid where possible)	Indoor / outdoor activities that can be conducted in groups with numbers TBC  Adequate spacing (not more than 1 person per 4m <sup>2</sup> ).  Sharing of sporting equipment permitted such as tennis racquet, use of a skipping rope, weights, mats, etc. with pre and post cleaning (avoid where possible)  For some players full training will be restricted by commercial operation of facilities and Tasmanian border controls.
<b>Personal hygiene measures</b>		Apply personal hygiene measures even when on court.  Maintain regular hand hygiene: before, during and after taking part in any activity  Use your own personal drink bottles, equipment and towels only.  Do not attend venue if unwell (seek medical advice).	Be prepared prior to arrival at venue (avoid or minimise need to use/gather in change rooms, bathrooms).  Maintain regular hand hygiene: before and after taking part in any activity  Use your own personal drink bottles, equipment and towels  Take a thorough full body shower with soap before and after play (preferably at home).  Maintain distance of at least 1.5m while playing.  Do not attend venue if unwell (seek medical advice).	



# COVID-19 Community Tennis Guidelines



## Return to play – venues

Tasmanian Government, subject to Public Health advice – Roadmap to Recovery Stages				
	No Play	Stage 1 – 18 May	Stage 2 – 15 June	Stage 3 – 13 July
<b>Key message</b>	<b>Stay home, save lives</b>	<b>Restricted community and social play</b> <b>Gatherings of up to 10 people</b>	<b>Get in, play, get out</b> <b>Gatherings of up to 20 people</b>	<b>The new normal</b> <b>Gatherings of 50-100 people with numbers guided by public health</b>
<b>Venue</b>	Venue closed	Courts open  Communal facilities can be used for non-social activities under strict control measures	Courts open  Communal facilities can be used under strict control measures	Courts open  Return to full use of sporting facilities under control measures
<b>Attending tennis activities</b>		Only people core to playing should attend tennis activities such as players, participants, coaches and operational personnel.  Only one parent/guardian should accompany younger children where possible.	Encourage participants to arrive and leave as close as possible to when they need to be there.  Keep 1.5 metres away from other people while watching or attending an outdoors tennis activity and avoid close contact by moving around indoors	Only players, officials and essential staff should be allowed in change rooms and clubhouses.
		<i>Clubs may select to re-open at different times based upon their own circumstances and capacity. Clubs may choose to open with revised hours or can remain closed if they are unable to ensure required control measures. Clubs with Coaches based at their venue are encouraged to work with them to open safely when able to do so. Tennis Tasmania is available to assist in the re-opening process.</i>		



# COVID-19 Community Tennis Guidelines



## Return to play – Team Tennis Competitions & Leagues and Tournaments

		Tasmanian Government, subject to Public Health advice – Roadmap to Recovery Stages					
		No Play	Stage 1 – 18 May	Stage 2 – 15 June	Stage 3 – 13 July		Stage 4 - TBD
Key message		Stay home, save lives	Restricted community and social play Gatherings of up to 10 people	Get in, train, get out Gatherings of up to 20 people	The new normal Gatherings of 50-100 people with numbers guided by public health		The new normal Gatherings of 250+ people guided by public health
					Stage 3.1 Medium – up to 50	Stage 3.2 Large – up to 100	
Competitions and Leagues	Clubs / Coach / Intra-Club	-	-	Small ANZ Tennis Hot Shots Match Play	Medium ANZ Tennis Hot Shots Match Play	Large ANZ Tennis Hot Shots Match Play	-
		-	-	Small Challenge Ladders	Medium Challenge Ladders	Large Challenge Ladders	-
		-	-	Small Intra-Club Leagues	Medium Intra-Club Leagues	Large Intra-Club Leagues	-
	Associations / Inter-Club	-	-	Small Inter-Club ANZ Tennis Hot Shots Match Play	Medium Inter-Club ANZ Tennis Hot Shots Match Play	Large Inter-Club ANZ Tennis Hot Shots Match Play	-
		-	-	Small Inter-Club Leagues	Medium Inter-Club Leagues	Large Inter-Club Leagues	Inter-Club Leagues
		-	-	Small Inter-Club Tassie Junior League	Medium Inter-Club Tassie Junior League	Large Inter-Club Tassie Junior League	Inter-Club Tassie Junior League
	Schools	-	-	-	Class Competition: Quick Match	Intra-School Competition: Year level or house	-
-		-	-	Class Competition: Round Robin or Elimination	Inter-School Competition: ANZ Tennis Hot Shots School Sport Association	Inter-School Competition: ANZ Tennis Hot Shots School Sport Association	
Tournaments	Domestic	-	-	-	Modified tournaments (Ratings event)	JDS, Non AR Tournaments	-
		-	-	-	-	Restricted invitational Money Exhibition Tournaments (Ratings event)	
		-	-	-	-	AR Tournaments (JT and / AMT) including Nationals	
	International	-	-	-	-	ITF World Tennis Tour, Juniors, Seniors and Pro. ATP Challenger	-
		-	-	-	-	-	Exhibition Matches
							ATP/WTA Tour Davis Cup/Fed Cup