

# RETURN TO PLAY

## VENUE & ACTIVITIES SUMMARY



|  | RETURN TO PLAY  |  |   |   |  | VENUES  |   | COMPETITIONS & LEAGUES   |                 |  | TOURNAMENTS   |
|--|---|--|---|---|--|---|---|--|-----------------|--|---|
|  | PLAY  | COACHING   | SCHOOLS                                   | RECOMMENDED ACTIVITIES  | PERSONAL HYGIENE MEASURES  | VENUE   | ATTENDING TENNIS ACTIVITIES   | CLUBS  | ASSOCIATIONS    | SCHOOLS  |   |
| NO PLAY<br>'Stay home, save lives'   | <b>Solo activities</b><br>Running, aerobic, agility, resistance, skills, strength and tennis-specific training                | Online coaching and resources (e.g. videos, play books). | Tennis at Home                            | Activities where no equipment is required, or have access to own equipment (e.g. ergometer, weights).   |  | Venue closed  |   |  |                 |  |   |
| <b>LEVEL A</b><br><br>'Restricted community play'<br><br>VIC - Metro Melbourne and Mitchell Shire only | <b>Limited social play</b><br>Singles play  | 1:1 coaching only  | Tennis at Home                            | <ul style="list-style-type: none"> <li>Activities where at least 1.5m can always be maintained between participants (1-2 people).</li> <li>No contact between participants and / or other personnel.</li> <li>No sharing of equipment</li> </ul>  | <ul style="list-style-type: none"> <li>Apply personal hygiene measures even when on court.</li> <li>Maintain regular hand hygiene: before, during and after taking part in any activity</li> <li>Do not share drink bottles or towels.</li> <li>Do not attend venue if unwell (contact doctor).</li> </ul>                                   | Courts only   | <ul style="list-style-type: none"> <li>Only people core to playing should attend tennis activities such as players, participants, coaches and operational personnel.</li> <li>Only one parent/guardian should accompany younger children where possible.</li> </ul>                                       |  |                 |  |   |
| <b>LEVEL B</b><br><br>'Get in, play, get out'<br><br>ACT/ NSW / NT / QLD / TAS/ WA                     | <b>Social play</b><br>On-court training, singles or doubles   | Small group coaching                                     | Intra-school competition                  | <ul style="list-style-type: none"> <li>Indoor/outdoor activities that can be conducted in small groups (not more than 10 people total.</li> <li>Adequate spacing (not more than 1 person per 4m2).</li> <li>Some sharing of sporting equipment permitted such as hitting a tennis ball, use of a skipping rope, weights, mats.</li> </ul> | All behaviours of Level A plus: <ul style="list-style-type: none"> <li>Be prepared prior to arrival at venue (minimise need to use/gather in change rooms, bathrooms).</li> <li>Take a thorough full body shower with soap before and after play (preferably at home).</li> <li>Maintain distance of at least 1.5m while playing.</li> </ul> | Communal facilities can be used for non-social activities | <ul style="list-style-type: none"> <li>Encourage participants to arrive and leave as close as possible to when they need to be there.</li> <li>Keep 1.5 metres away from other people while watching or attending an outdoors tennis activity and avoid close contact by moving around indoors</li> </ul> | Challenge Ladders<br>Internal Flex Singles<br>Internal Social Singles/Doubles<br>Zoned Singles/ Doubles<br><b>Social Teams:</b> singles and doubles<br>Internal Team | Inter-club Team |  | Modified tournaments (Ratings event)<br>Restricted invitational Money Exhibition Tournaments (Ratings event)<br>Exhibition matches<br>Pro Series<br>JDS, Non AR Tournaments |
| <b>LEVEL C</b><br><br>'The new normal' SA  | <b>Social play</b><br>Full sporting activity that can be conducted in groups of any size (competition, tournaments, matches). | Regular coaching   | Intra-school and inter-school competition | For some players full training will be restricted by commercial operation of facilities and access to international travel.   |  | Return to full use of sporting facilities                 | Only players, officials and essential staff should be allowed in changerooms and clubhouses.  | <b>LEVEL C1</b><br>Domestic borders closed   | ANZTHS Gala Day | <b>IntennisCITY:</b> Quick Match, Round Robin or Elimination<br><b>Inter-school Competition:</b> ANZTHS Schools School Sport Association<br><b>Intra-school Competition:</b> Year level or house |   |
|  |   |  |   |   |  |   |   | <b>LEVEL C2</b><br>Domestic borders open   |                 |  | City v City<br>AR Tournaments (JT and /AMT) including nationals   |
|  |   |  |   |   |  |   |   | <b>LEVEL C3</b><br>International borders open  |                 |  | Exhibition matches ITF World Tennis Tour, Juniors, Seniors and Pro<br>ATP/WTa Tour<br>Davis Cup/Fed Cup   |