

BOWEL CANCER - THE FACTS

1 IN 12 PEOPLE WILL DEVELOP BOWEL CANCER IN THEIR LIFETIME



JAN • FEB • MAR • APR • MAY • JUN

14,000

people diagnosed each year

JUL • AUG • SEP • OCT • NOV • DEC

including 1,000 under the age of 50

2ND BIGGEST CANCER KILLER



2nd - Bowel Cancer
1st - Lung Cancer
3rd - Prostate Cancer

90%

of bowel cancer cases can be treated successfully if found early

fewer than
40%
are detected early

2 YEARLY SCREENING

for bowel cancer can reduce deaths by up to 33%

SCREEN FROM AGE 50

every 1-2 years with a FOB test

BOWELSCREEN
AUSTRALIA



20,000

 cases predicted for 2020

Bowel cancer cases are increasing

FAMILY HISTORY INCREASES BOWEL CANCER RISK

2x RISK WITH 1 AFFECTED 1ST DEGREE RELATIVE DIAGNOSED \geq 55

3-6x RISK IF 1ST DEGREE RELATIVE DIAGNOSED $<$ 55



1 IN 5 AUSTRALIANS

with symptoms delay seeking medical advice

SEE YOUR DOCTOR WITH BOWEL SYMPTOMS

- Bleeding from the bowel
- Persistent change in bowel habit
- Unexplained weight loss
- Severe abdominal pain



REDUCE YOUR RISK

- healthy body weight -
- regular physical activity -
- do not smoke -
- eat lots of fruit, vegetables & fibre -
- moderate alcohol consumption -



Bowel Cancer Australia

